

## Basic course campsports/trekking

Y+S leader course in campsports/trekking youth incl.  
introductory course Y+S leader campsports/trekking  
children

In this course you will learn, among other things, how to plan a varied and age-appropriate programme block for a camp; how to deal with challenging children and young people and how to do justice to the linguistic and cultural diversity of your camp participants. Learning skills such as orientation and pioneering techniques will also be part of the course.

**Date:** 15 March 2025 (Kick-Off-Day) and 18 April to 25 April 2025.

**Location:** Kick-Off-Day in Bern / main-course: Pfadiheim Phönix in Niedergösgen

**Minimum requirements for the Y+S basic course:** you have passed the emergency helper course and are at least 18 years old.



# Basic course camp sports/trekking

Y+S leader course in camp sports/trekking youth incl. introductory course Y+S leader camp sports/trekking children

## Why is it worth attending this course?

- You will gain lots of new and creative ideas for designing programme blocks in camps.
- You will have the opportunity to reflect on your own leadership personality and receive feedback.
- You will receive tips and tricks for leading children and young people.
- You can exchange ideas with other leaders.
- You will achieve official recognition as an Y+S leader for camp sports/trekking youth sports and Y+S leader for camp sports/trekking children's sports, which you can also use for school camps and camps in youth associations. In addition, you will receive a higher daily allowance for SJAS and ASA camps with these qualifications.
- Once again, you benefit from a programme as a "participant".
- We will do our best to give you a leadership position at an SJAS and/or ASA camp in summer 2025 so that you can put your new skills into practice straight away.

**Course costs:** The costs amount to CHF 350, which you have to pay yourself. If you lead two summer camps for the SJAS and/or ASA as an Y+S leader within four years of attending the course, the course fee will be refunded in full in two instalments.

**Youth leave and/or confirmation for your employer:** It is possible to take five days of youth leave (Jugendurlaub) for the course (provided you are under 30 years old and submit the application to your employer two months in advance). We can also issue you with a confirmation of course attendance for your employer.

**Application deadline: 15 January 2025**

For definitive registration, tentative interest or further information, please contact Isabelle ([stebler@sjas.ch](mailto:stebler@sjas.ch)) or  
Scan the QR code to go directly to the registration page.

