

# B A S I C C O U R S E

C A M P S P O R T S  
/ T R E K K I N G



## Course offering

Y+S leader and Introductory course  
Children in Camp sports/Trekking

In this course you will learn, among other things, how to plan a varied and age-appropriate programme block for a camp and how to do justice to the linguistic and cultural diversity of your camp participants.

03-11 April 2026

Minimum requirements:

- at least 18 years old
- successfully completed first aid course

Location: Pfadiheim Kloten

Course week and overnight stays





# Y + S LEADER YOUTH INCL. INTRODUCTORY COURSE CHILDREN CAMP SPORTS / TREKKING



Stiftung für junge Auslandschweizer  
Fondation pour les enfants suisses à l'étranger  
Fondazione per i giovani svizzeri all'estero  
Foundation for young Swiss Abroad

## Why is it worth attending this course?

- You will gain lots of new and creative ideas for designing programme blocks in camps.
- You will have the opportunity to reflect on your own leadership personality and receive feedback.
- You will receive tips and tricks for leading children and young people.
- You can exchange ideas with other leaders.
- You will achieve official recognition as an Y+S leader for Camp sports/Trekking youth sports and Y+S leader for Camp sports/Trekking children's sports, which you can also use for school camps and camps in youth associations. In addition, you will receive a higher daily allowance for SJAS and OSA camps with these qualifications.
- Once again, you benefit from a programme as a "participant".
- We will do our best to give you a leadership position at an SJAS and/or OSA camp in summer 2026 so that you can put your new skills into practice right away.

## Course costs:

The costs amount to CHF 350 (CHF 450 for external participants), which you have to pay yourself. If you lead two summer camps for the SJAS and/or OSA as an Y+S leader within four years of attending the course, the course fee will be refunded in full in two instalments.

## Youth leave and/or confirmation for your employer:

It is possible to take five days of youth leave for the course (provided you are under 30 years old and submit the application to your employer two months in advance). We can also issue you with a confirmation of course attendance for your employer.

Application deadline: January 15, 2026

For definitive registration, tentative interest or further information, please contact Raya (keller@sjas.ch) or Scan the QR code to go directly to the registration page.

